

Battle of the Lads - Tournament Rule Sheet

There is no offside offense in 7v7 soccer.

THE START OF PLAY

Kick-Off: A kick-off is the way of starting or restarting play:

- 1) At the start of the game
- 2) After a goal has been scored
- 3) At the start of the second half of the game

A goal may not be scored directly from a kick-off.

BALL IN AND OUT OF PLAY

The ball is out of play when it fully crosses the out of bounds line.

METHOD OF SCORING

A goal is scored when the whole of the ball passes over the goal line.

FOULS AND MISCONDUCT

Anyone who commits a foul shall be penalized by the award of a free kick to be taken by the opposing

team from the place where the offense occurred.

A player shall be cautioned and shown the yellow card if, in the opinion of the referee, the player:

- 1) Is guilty of unsporting behaviour
- 2) Shows dissent by word or action
- 3) Persistently infringes the Playing Rules of Indoor Soccer
- 4) Delays the restart of play
- 5) Fails to respect the required distance when play is restarted with a corner kick or a free kick
- 6) Enters the field of play without the referee's permission other than in the act of substitution
- 7) Deliberately leaves the field of play without the referee's permission other than in the act of substitution or directly returning to the team bench after serving a time penalty

30 minute games

Indoor rules state everything is indirect unless it's a penalty kick

Kick ins for indoor

No slide tackles except for goalkeepers in their own penalty area

Subs on the fly ,but must be made in front of their bench.....this keeps the game flowing

Tie breaker rules if games are tied at end of round robin...

Discipline... 1 min penalty for yellow card, and for red, its an ejection of player for the game, and a 3 minute penalty for another player...